Shelby Bottoms



Nature Center

July 2014 Program Schedule

Shelby Bottoms Nature Center is open: Tues/Thurs/Sat - 9 am to 4 pm Wed/Fri -12 to 4 pm

Shelby Bottoms Greenway is open 7 days a week from dawn to dusk.

Mailing Address:

Shelby Bottoms Nature Center 1900 Davidson St. Nashville, TN 37206

Phone: 615-862-8539 Fax: 615-262-0245

Email: shelbybottomsnature@nashville.gov Website: www.nashville.gov/Parks-and-Recreation/Nature-Centers-and-Natural-Areas/Shelby-Bottoms-Nature-Center.aspx



Requests for ADA accommodation should be directed to the Nature Center at (615) 862-8539.

Summer is off and running and we have programs to keep you running too. Start the month off by going on a blackberry picking spree and then head back to sample some delicious blackberry "Bottoms" brownies. If you get too hot doing that, never fear we are offering a summer first aid basics program right afterward. Later in the month as the heat soars, come play in the creek and take part in other water games to cool off. We'll also enjoy some tunes while taking a leisurely nature cruise on a boat on the Cumberland, discover how the plants in your own backyard can help heal you, and learn all about those happy Hymenopterans — ants and bees. So please come join us!

And for a few things you should know this July, there will be some roads closed in Shelby Park on July 12 and 26 for early morning 5K races. Roads should be back open by 9 am. In addition, construction continues on the new paved Greenway trail connecting 19th St near the Community Center to the Shelby Bottoms Greenway. There may be intermittent road closures with detours accompanying that. Don't miss the East Nashville Farmers Market now held in Shelby Park every Wednesday from 3-7 pm. And finally, the Nature Center will be closed on July 4. Happy Independence Day!

Blackberry Pickin'



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Age level: All ages

Join us for a short stroll to harvest a modest amount of wild blackberries. We will learn ways to pick responsibly and safely, and even get to sample

Registration required

some blackberry bottom brownies!

Leader: Christie Wiser

Leave No Trace and Summer **First Aid Basics** Thursday, July 3 & Saturday, July 5 10—11:30 am

Age level: 10+ years We will discuss minimizing our impact in the outdoors and how to be safe outside in the summer by focusing on prevention, making a safety

pack, and taking a hike. Registration

required

Leader: John Michael Cassidy and SBNC staff

July 4, 2014 - Shelby Bottoms Nature Center is closed. Happy Independence Day!

Nature Heals

Saturday, July 5 1—2 pm

Age level: 12+ years Along with her many other roles, Mother Nature is a doctor too! We will be learning about the healing power of plants located right in our own

Registration

backyard.

required

Leader: Sarah Gilmore

(Almost) Full Moon Bike Ride

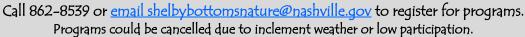
Thursday, July 10 8:30—10 pm

Age level: 12+ years Free Bike Rental available if needed. We will ride along the Shelby Bottoms Greenway area and look/listen for active wildlife in the light of

Registration the nearly full moon.

required Leader: John Michael Cassidy and SBNC staff









Shelby Bottoms Nature Center



July 2014 Programs

Shadow Spring Creek Critter Crawl	Saturday, July 12 10—11:30 am	Age level: All ages Registration required	Come wade with us through shady Shadow Spring Creek, looking for creek critters great and small! Leader: Joseph Haney and Ricky Mallory, Seasonal Naturalists
Champion Trees	Thursday, July 17 6:30—8 pm	Age level: 10+ years Registration required	Part I of a series of outings in the coming months showcasing the numerous "champion trees" (largest specimen in county/state) in Shelby Park & Bottoms. Leader: John Michael Cassidy and SBNC staff
Sunset Painting Party	Friday, July 18 6—8 pm	Age level: 21+ years Registration required	If weather allows, we will set up our canvases, paints and brushes outside to try and capture the beautiful sunset that this time of year brings! \$25.00 materials fee. All skill levels welcome. Leader: Christie Wiser
Floating Picking Party	Saturday, July 19 1-3 pm Riverfront Park	Age level: 10+ years Registration required	Join us on the EXPLORE vessel for a short cruise down the Cumberland River. Bring your string instrument and we'll pick, or just listen, while we see the sights from this 40 foot education boat docked at Riverfront Park in Downtown Nashville. Space is limited. Registration is required.
Superrrr Organisms	Thursday, July 24 10—11 am	Age level: All ages Registration required	We tend to think of ants as pests, but did you know that they are 'super organisms'? Come learn what this means and discover the intricacy and beauty of these intelligent creatures. Leader: Sarah Gilmore
Bee Free!	Friday, July 25 10—11 am	Age level: 3-5 years Registration required	Bees are cool insects, and we now have "kept" honey bee hives by the nature center! We'll learn about different types of bees you might notice this time of year especially honey bees. Stories, puppets, crafts and local honey sampling too! Leader: Christie Wiser
Wet and Wild Rain Day	Saturday, June 26 1:30—2:30 pm	Age level: All ages Registration required	It's too hot to play, so lets get wet today! Join us at the nature center for some crazy water games and beat this summer heat. Remember to wear clothes that can get wet and dirty. Leader: Kristen Hay



Call 862–8539 or <a href="mailto:email



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